



CHEF TAMAKI'S *Japanese* GOURMET FOOD TOUR



CHEF TAMAKI'S JAPANESE GOURMET FOOD TOUR IS DESIGNED SPECIFICALLY FOR TRAVELLERS LOOKING TO INDULGE IN MOUTH WATERING CULINARY DELIGHTS ALL WHILST IMMERSING THEMSELVES IN THIS AMAZING CULTURE.



AUTUMN TOUR: 5TH – 19TH NOVEMBER 2016

Each Tour is all about indulging the senses of that season: foods that are only available at that time; events that are unique to that season; and engaging with nature, such as the traditional picnic under the cherry blossom trees.



This is a journey that you will never forget...

TOUR ITINERARY



DISCOVERY WEEK HIGHLIGHTS

SATURDAY 5TH NOVEMBER – OSAKA

Location: Namba
Cultural Highlights: Arrive in Japan
Culinary Feature: Namba local cuisine

SUNDAY 6TH NOVEMBER – OSAKA

Location: Namba, South Osaka
Cultural Highlights: Takashimaya Department Store Food Court, Osaka Castle
Culinary Feature: Gourmet Bento Box, Okonomiyaki

MONDAY 7TH NOVEMBER – MIE PREFECTURE

Location: Ise City, Mikimoto Island, Matsusaka City
Cultural Highlights: Mikimoto Pearls, Ise Grand Shrine, Oharai Machi
Culinary Feature: Ise Udon Noodle, Matsusaka Wagyu Beef BBQ.

TUESDAY 8TH NOVEMBER – OSAKA (HALF DAY FREE TIME)

Location: Osaka
Cultural Highlights: Kuromon Market, Chef's Tools Street
Culinary Feature: Hidden restaurant that matches each dish with its appropriate Sake

WEDNESDAY 9TH NOVEMBER – KYOTO

Location: Kyoto
Cultural Highlights: Fushimi Inari Shrine, Nijo-jo Castle, Nishiki Market, Gion Area
Culinary Feature: Mouth watering Wagyu Sukiyaki, Kyoto's famous Yakitori

THURSDAY 10TH NOVEMBER – OSAKA (HALF DAY FREE TIME)

Location: Osaka
Cultural Highlights: Shin Sekai district, Tsutenkaku Tower
Culinary Feature: Cooking Class for Osaka Street Foods, Kushikatsu

FRIDAY 11TH NOVEMBER – NARA

Location: Nara
Cultural Highlights: World heritage listed Todaiji (Big Buddha) & Kasuga Grand Shrine
Culinary Feature: Sake Brewery Tasting Class, Authentic specialty Tempura degustation dinner

EXPLORING WEEK HIGHLIGHTS

SATURDAY 12TH NOVEMBER – HIROSHIMA

Location: Hiroshima
Cultural Highlights: Peace Park

Culinary Feature: Hiroshima's Okonomiyaki, gourmet takeaway Mos Burger

SUNDAY 13TH NOVEMBER – MIYAJIMA

Location: Miyajima Island
Cultural Highlights: Itsukushima Shrine, Floating Torii Gate
Culinary Feature: BBQ'd oysters, traditional Ryokan dinner

MONDAY 14TH NOVEMBER – SHIMONOSEKI/ FUKUOKA

Location: Shimonoseki/ Fukuoka
Cultural Highlights: Karato Seafood Markets, Straits of Kanmon
Culinary Feature: Docksides Sushi & Sashimi (nothing fresher), Fukuoka all-things-chicken dinner, canal wine bars

TUESDAY 15TH NOVEMBER – FUKUOKA/ YANAGAWA

Location: Yanagawa
Cultural Highlights: Japan's Venice (400 years old & 500km of canals)
Culinary Feature: Steamed eel & rice, Hakata Tonkotsu Ramen, canal wine bars

WEDNESDAY 16TH NOVEMBER – KAGOSHIMA

Location: Kagoshima
Cultural Highlights: Dashi stock cooking class
Culinary Feature: Local Kurobuta (black pork) Shabu Shabu hot pot

THURSDAY 17TH NOVEMBER – KAGOSHIMA

Location: Kagoshima
Cultural Highlights: Mt Sakurajima Volcano, Shochu (moonshine) tasting class, private onsen (hot spring) per person/couple
Culinary Feature: French fusion Ryokan dinner

FRIDAY 18TH NOVEMBER – OSAKA

Location: Osaka (fly back from Kagoshima)
Cultural Highlights: Final shopping day for missing items, electronics, souvenirs
Culinary Feature: Farewell Party (Surprise location by Chef Tamaki)

SATURDAY 19TH NOVEMBER – OSAKA

Farewell from Osaka after breakfast

TOUR OVERVIEW

Our aim is take you where most Westerners who visit Japan never go. Giving you insight into the real Japan and the amazing food found there. Japanese food is all about freshness, and you only really get to experience this when you are out in the countryside – dockside sushi, freshly shucked oysters, crisp tempura. And that is exactly what we do on the Japanese Gourmet Food Tour.

THE TOUR'S TWO WEEKS ARE SPLIT INTO THE DISCOVERY WEEK AND EXPLORING WEEK

Discovery Week is based out of the same apartment hotel in Osaka so that you get to familiarise yourself with the local area. From this hotel in downtown Osaka, you will get to experience the Kansai Area. Including Osaka itself as well as day trips to Nara, Kyoto and Mie Prefecture.

Once you have settled into Japan, you will jump on the Bullet Train and start Exploring Week. Heading south through Hiroshima, Shimonoseki, Fukuoka, Yanagawa and Kagoshima. Before flying back to Osaka for the final night together.

PREPARE TO INDULGE YOUR SENSES

This is a gourmet food lovers tour. The tour includes lots of Japanese culture and history, but the emphasis is on food. So you will eat the most mouth watering Japanese dishes you have ever tasted.

Japan has 47 regions and each one of them has their own local foods. So as you travel through 8 regions on this tour, you will try different styles of kushikatsu, yakitori, tempura, wagyu beef bbq and sukiyaki, kurobuta (black pork) shabu shabu and tonkatsu, fresh eel, sake breweries, dashi stock cooking class, and docksidesushi and sashimi. And these are just the restaurants.

You will also eat local dishes as you walk around including Japanese spiny lobster, baked oysters, steamed mussels, takoyaki (octopus balls), pork buns, crepes, choux cream and Mos Burger. You will indulge your culinary senses everyday with the best food Japan has on offer. After this tour you will be an expert on Japanese food.

EXPERIENCING JAPAN

Between eating you will get to experience the real Japan, its culture and its history. Some of the highlights include:

- Osaka – Osaka Castle, Tsutenkaku Tower
- Nara – World Heritage listed Todai-ji (Big Buddha) and the Kasuga Grand Shrine
- Kyoto – Fushimi Inari Shrine, Nijo-jo Castle, Nishiki Market, Gion Area
- Mie – Ise Grand Shrines, Mikimoto Pearl Island
- Hiroshima – Miyajima Island, Itsukushima Shrine, Peace Park
- Fukuoka – Yanagawa Canal City (Japan's Venice)
- Kagoshima – Mt Sakurajima Volcano

ACCOMMODATION

You will stay in a variety of accommodations as you journey through southern Japan. Mixing it up between small and large hotels, traditional ryokan inns and an apartment hotel for the first week in Osaka. All accommodation is four star or higher and booked twin share. (If you are travelling alone and want a private room, this can be arranged for a small fee).

TRANSPORT

Throughout the two weeks you will experience Japan's world famous bullet trains (shinkansen) as well as local trains. Depending on the city being visited, the day's transport will be a combination of walking, taxis and mini buses. Everything is arranged and included in the tour.

COST: \$7790 per person. (See Major Terms & Conditions overleaf and Terms & Conditions sheet for further information)



After this tour you will be an expert on Japanese food!

ABOUT CHEF TAMAKI



CHEF, CULTURAL AMBASSADOR & TRAVEL WRITER

Tamaki was born and raised in Osaka and obtained her Chef qualifications in Melbourne Australia.

Tamaki's passion is food. She loves creating amazing dishes that simply make people smile (and want more of course). But her heart has and always will, remain with the exquisite dishes found in the Japanese culture.


What really annoys Tamaki is that many of the existing cultural tours of Japan, simply don't show its 'true food culture'. To the Japanese, the places the tourists are eating in are a bit like going to a fast food take away.


That is why Tamaki has launched her gourmet food tours because she wants to show you all the hidden treasures and allow you to indulge in some of the most exquisite culinary delights that Japan has to offer and that no one else knows about, except the locals.

 www.cheftamaki.com



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Major Terms & Conditions (See Terms & Conditions sheet for further information)

1. The tour is for 14 nights over 15 days. Starting at 6pm on Day 1 and finishing at 10am on Day 15.
2. The maximum number of guests on the tour is 12 (plus your hosts, Chef Tamaki and Michael).
3. The tour price includes all accommodation, domestic transport, entrance fees and meals whilst on the tour, except for the Free Time Days in Osaka.
4. The tour includes Free Time Days. These are days with nothing scheduled in the morning and the afternoon and evening being optional activities. These days are scheduled in order for you to be able to regulate the tempo of your trip up and down depending on your desires.
5. Accommodation is four star and above and on a twin share basis. For an extra \$50 per night you can upgrade to a single room).
6. The tour price does not include international flights to and from Japan. The tour starts and ends in Osaka at the aforementioned times.
7. For tour members wanting to arrive prior to the start or leave after the end of the tour, we have information kits for further activities in the region.